

Rock Cove's Ellison to be given Noble Caregiver of Year Award

By Rock Cove and The Pioneer

Cecilia Ellison of Rock Cove Assisted Living has been given the Noble Caregiver Award by the Washington Health Care Association (WHCA) of Tumwater.

Ellison was selected as the winner from among many nominations received by WHCA from its 400 member agencies.

Rock Cove Director Robin Aman wrote in her nomination that Ellison "has committed herself to her community and residents since June 2004. She demonstrates compassion and leadership with smile and grace."

"It's a really big honor," said De'Sandra Simmons, director of Clinical and Regulatory Affairs for WHCA.

Simmons said Ellison and recipients of other awards for nursing, administration and volunteerism will be feted at an awards luncheon during the association's annual convention May 8 in Tacoma. She said a committee reviews the nominations and considers comments from member agencies in determining the award winners.

In her nomination letter, Aman also wrote that Ellison "provides the highest quality of care with gentle kind approach towards all residents, meeting everyone's needs. She has a high sense of detail and truly knows the smallest of needs for each individual and never forgets the smallest request. She supports individual capabilities support-



Cecilia Ellison, right, of Rock Cove Assisted Living has been named the Noble Caregiver of the Year by the Washington Health Care Association.

ing strengths and helping overcome weaknesses, with dignity, respect of culture. She makes dressing and bathing an enriched daily activity, paying close attention and time to the little things like lotion, choosing clothes, and grooming helping make their day important and feeling good about themselves."

Aman wrote that Ellison remains "soft, calm and patient in every situation" and that she inspires her coworkers while supporting them.

She "never complains and greets every obstacle

or challenge with enthusiasm and a positive attitude assisting coworkers where needed. She is loved and respected by coworkers, residents and family members."

Aman said Ellison volunteers in the community while also finding time for evening college courses in the medical field.

"She has wonderful positive energy that I wish I could bottle up and distribute to every staff member," Aman wrote. "She is a gift in her field and deserves this award."